

## Esthetic Treatment Prices

Facials are tailored to your specific needs. They may include chemical peels, dermaplane, and/or microdermabrasion.

Custom Facial (60 min)	\$75.
Series of 3	\$180
Express Facial (30 min)	\$60.
Introductory Custom Facial	\$60.
Microneedle Facial	\$200.
Series of 3	\$400.
Nano Infusion Facial	\$150
Series of 3	\$300.
Permanent Make-up Brows (Includes 2 appointments)	\$450.
PMU Brows Touch Up	\$200+
Saline Tattoo Removal	\$100+



**R O B Y N L I S T O N**

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**LOCATED INSIDE SHEARLY SHABBY SALON  
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## NANO & MICRO NEEDLING TREATMENTS

**The Treatment** Micro-needling (also known as Collagen Induction Therapy) is an innovative skin rejuvenation treatment that can improve the overall appearance of the skin with little to no downtime.

Both nano and micro needling address the same skincare concerns and they both use a device to create micro channels in the skin. The main difference is in the depth of penetration. Nano needling only penetrates the very most upper layer of the epidermis, while micro needling is able to go deeper into the epidermis. These treatments increase product absorption by 97% and encourages the body to rejuvenate itself.

The creation of microscopic channels through the surface of the skin encourages formation of new tissue and the release of the skin's natural growth factors promoting scar and stretch mark healing as well as hyper/hypo-pigmentation repair.

Because new tissue is formed, micro-needling is also an effective way to treat crepey skin, under eyes issues, fine lines, and dullness. These treatments can be enhanced by the application of chemical peels, growth factor gels, and hyaluronic acid based products.

**The Plan** An individualized treatment plan is discussed in order to address your direct concerns and appropriate care. Not every micro-needling session will be the same. Each session, we will take advantage of the micro channels created during the treatment to deliver vital nutrients, effective peels, or growth factors.

**Expectations** Commit to at least a series of 3-5 treatments about a month apart for best results. You will notice results after a few weeks and they will continue for up to 6 months after you complete the series.

**The Treatment** After applying a topical anesthetic cream, an electric handheld device is used to administer variable depths and speed of needling application. Serums/peels/growth factors are applied shortly thereafter.

**Contraindications** It is recommended not to receive this treatment if the following apply; Pregnancy, actively infected or actively inflamed skin, skin irritation, cystic acne to area being treated, keloid scars, allergies to topical lidocaine and sunburn.

### Before Treatment

- Avoid Accutane 6 months before treatment.
- Do not use topical agents that may increase sensitivity of skin: retinoids (vitamin A), topical antibiotics, exfoliants, acids that may be drying or irritating to the skin (such as alpha hydroxyl acid (AHA) beta hydroxyl acids (BHA), exfoliating masks, salicylic acids, hydroquinone, and benzoyl peroxide acne products) 5-7 days prior.
- Do not take any anti-inflammatory medications such as ibuprofen, Motrin or Advil for 3 days prior to treatment. These agents will interfere with the natural inflammatory process that is critical and responsible for your skin rejuvenation
- Avoidance of IPL/Laser procedures, unprotected sun exposure or sunburn for **2 weeks** prior
- No waxing, depilatory creams or electrolysis to area being treated 5-7 days prior
- No shaving the day of the procedure to avoid skin irritation. If there is dense hair present in the treatment area, closely shave the area the day before you arrive to your appointment.
- Moles, warts or actinic (solar) keratosis cannot be treated.
- If you are prone to cold sores, take antiviral agent for 2 days prior to and day of treatment.
- Bruising is a common risk. Avoid blood thinning agents (aspirin, fish oil, Omega-3, Vitamin E) for 1 week prior. May resume day after treatment.

**Post Treatment** You will look and feel as though you have a light sunburn for a period of 24 hours. We ask that you avoid any direct sunlight during this time. **NO CREAMS OR MAKEUP FOR 6 HRS.** Cool towels may be used to ease any mild discomfort. Depending on your individual treatment, around day 3 you may experience some peeling. Always use Sunscreen as part of your daily routine.

